

want to be a part of something fantastic?

# Shape Change

in mental health

open door 



## About the Charity

Open Door are one of Merseyside's most dynamic and progressive independent charities committed to shaping change in Mental Health. Based in Birkenhead, we deliver a holistic and creative programme of services that support the wellbeing and mental health of young people and families, using innovation, arts and culture as a catalyst for change. All our programmes are free of charge and we have no waiting lists; we are committed to providing free, fast and effective mental health support at the point that people need it most. Our beneficiaries join our organisation as 'members' and can access a wide range of services including workshops, activities and individual support. Our offer is engaging and versatile, providing choices that aren't available through conventional Mental Health services.

We apply creativity and innovation to everything that we do; our services are led by a dynamic team of staff and trained peer mentors who, using their own personal experiences and a range of effective tools and programmes, support individuals through to better times. We have two main sites in Birkenhead and over the past 10 years, have grown to become one of the largest independent providers of talking therapies in Merseyside and one of the most progressive organisations of its kind in the UK (We were awarded the Queens Award for Voluntary Service in 2019 Honours List and the Investing in Volunteers Chartermark in 2020).

Open Door is all about empowerment, culture and opportunity. Not only do we offer support services for our members, but we also provide our local community with a creative and social space for people to come to Bloom Building and Coffee where we offer hot desking, workshops and tenancies. We host an art gallery, an eclectic events programme and a network of cultural and health partners who work together with Open Door to co-create a vibrant programme of activities for new and existing Members, taking mental health support out of traditional, clinical models and into the heart of engaging, non-stigmatising arts and culture.

Our organisational values are:

- ❖ Human
- ❖ Fire
- ❖ Visionary
- ❖ Professionalism





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0151 639 4545 / [info@opendoorcharity.com](mailto:info@opendoorcharity.com) / Registered Charity No. 1189664

## Impact

We have over 100 beneficiaries accessing our service per week across all our projects. Our bespoke therapeutic intervention 'Bazaar – A Market Place for the Mind', supports 50 young people and young adults per week. This therapeutic intervention is delivered by our all-important peer mentors, currently have a team of 40 peer mentors delivering our services. 92% of our members said their life would be worse off if it wasn't for Open Door and 100% of members said the local area would be negatively affected without Open Door Charity.

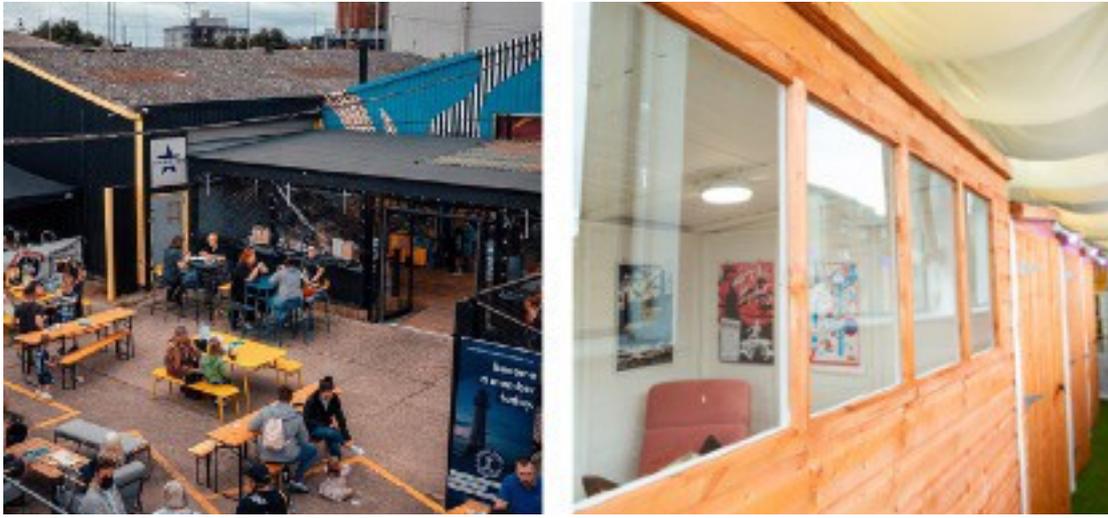
We supported more than 900 people this year and have been able to respond to the current mental health crisis with innovation and courage. Our average reduction of symptoms in anxiety and depression outcomes are 50% by the end of the 8-session programme and suicidal ideation also significantly reduces on average by 80%. In addition to this, we have supported over 120 families in the past 9 months through a commissioned contract providing early help support and preventing escalation into higher-level statutory services.

We have approximately engaged 7000 members of the public in our outreach projects, events, gigs, film nights, art workshops, comedy nights and the gallery space throughout the year.

## Our Future

Open Door Charity has been through a significant period of development over the past two years; we've taken on new projects and commissioned services supporting families and care experienced young people, we've significantly grown our staff and volunteer team and operate from two main sites in Birkenhead. We have just established a new senior leadership team, are governed by a strong board of trustees and have recently celebrated our ten-year anniversary. We have some exciting projects in the pipeline and now is a great time to join the Open Door Charity.





**Role:** OOMOO worker

**Working pattern:** 25 hours per week, working pattern mainly 11am-7pm on weekdays and one Saturday (daytime) per month

**Location:** Wirral

**Contract type:** Temporary contract running until the 31st of December 2023

**Reports to:** OOMOO Project Lead

**Salary:** Expected starting salary £20,000, pro rata

**Other Benefits:**

25 days annual leave, pro rata (plus Bank Holidays)

£20 monthly wellbeing budget

Monthly Reflective Practice with a Clinical Psychologist

Weekly Yoga

Opportunity to take part in Away Days



## **OOMOO worker**

OOMOO is an Open Door project in which we have been entrusted to design and deliver the emotional wellbeing offer to children looked after (11-18) on Wirral. We offer alternative ways into mental health support, such as daily wellbeing sessions like boxing, art workshops, etc., and we tailor our support depending on what each young person tell us they need to feel better. OOMOO is a pilot project funded by Wirral Council. We have been delivering OOMOO since March 2021, for more information, please visit: [www.oomoo-wirral.co.uk](http://www.oomoo-wirral.co.uk)

Our OOMOO workers are responsible for frontline delivery of the OOMOO project, such as 1:1s with members, support during wellbeing activities, making referrals to targeted mental health support, etc. You will be working closely alongside another OOMOO worker and the OOMOO Project Lead.

## **Job description**

### **People**

- Delivering front line work and activities directly with children looked after, building strong relationships, having impactful conversations, and thereby shaping change in their mental health.
- Delivering targeted mental health support, such as Bazaar, to our members 1:1.
- Ensuring that children have good experiences on site and that these are captured.
- Working together with the wider team to create a welcoming and children-focused environment where the number one priority is to make young people feel safe.

### **Engagement**

- Meeting young people, engaging them in the service and managing their journey.
- Making links with partner organisations to work alongside, e.g., local care home providers, youth centres, NHS, etc.
- Liaising with carers, social workers, personal advisors, and support workers about what we offer and how best to get young people through our doors.
- Arranging and leading drop-ins with young people and understanding their needs and how we can meet them.

- Understanding and capturing barriers in terms of accessing the service – feeding this back to wider team and together work on alternative solutions.

### **Safeguarding**

- Safeguarding of CLA under the project and reporting to OOMOO safeguarding lead where needed.
- Using existing safeguarding processes to facilitate sound safeguarding e.g., safety plans, record of concerns etc.
- Signposting to external partners where needed, e.g., social care, local third sector organisations, emergency services.

### **Systems & practicalities**

- Updating systems such as our CRM-system Tacklit and other databases.
- Ensuring thorough handovers to other members of staff.
- Practical tasks from time to time.
- Providing insights to the Project Lead for organisational monitoring and reporting.
- Contributing towards service design and developing the project alongside management team.
- Identifying and passing on risks within the project/department.

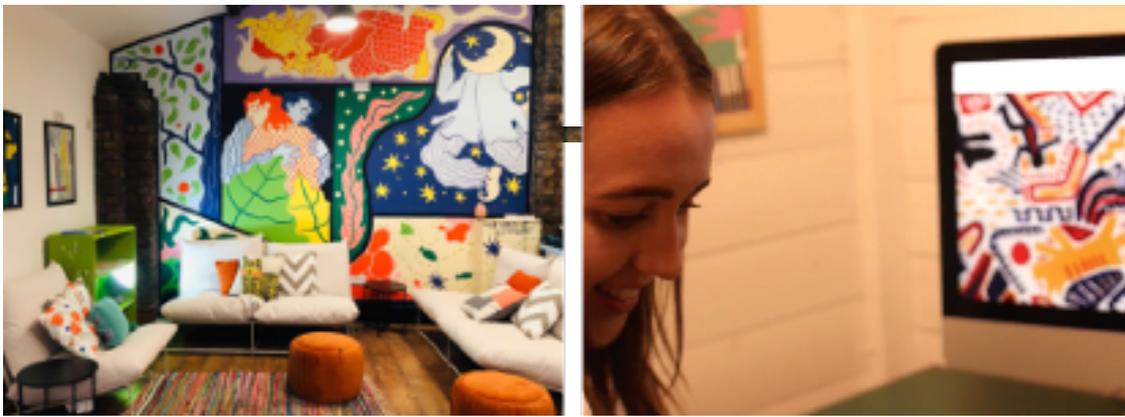
### **Experience, skills, behaviours, and attitude Desirable D)**

**(Essential – E,**

- Excellent people skills, including building trusting relationships with children and handling difficult conversations head on and sensitively (E)
- Good awareness and understanding of mental health and the desire and ability to encourage, welcome and support young people to receive help (E)
- Good emotional resilience and ability to set boundaries when providing support to others (E)
- Self-motivated and willing to get stuck in, e.g., going to where the young people are rather than waiting for them to come to us (E)

- Ability to reflect on your practice and together with the rest of the team to learn from experience (E)
- A good understanding of safeguarding principles and demonstrable practical experience of handling safeguarding concerns. The ability to make sound judgements and explain a rationale for safeguarding decisions (E)
- Highly organised and able to manage a busy and varied workload (E)
- Ability to record, manage and utilise data and work with Macintosh computer system and Customer relationship management system (E)
- Good knowledge of Microsoft Office, including Excel and/or other database software (E)
- Trained in child protection and safeguarding (D)
- Ability to think through processes from start to finish and make changes to systems (D)
- Educated to degree level and/or completed professional, related qualifications (D)
- Understanding of the risks and issues facing children in care (D)
- Experience of or training in handling safeguarding relating to suicide ideation (D)
- Working knowledge of local support organisations (D)
- Previous experience of delivering talking therapies (D)





for interview, please do let us know. Finally, please ensure that you have included your contact number and email address.

We are committed to having a diverse workforce and promoting equality, diversity and working practices, and we know we still have a way to go. We value and respect all differences in all people (seen and unseen) and we aspire to inclusive working experiences and an environment that reflects the communities we serve, where our people have equal access to opportunities, their voices are heard and they can contribute to our future. We actively encourage applications from care leavers, BAME and LGBTQ+ candidates, those from lower socio-economic backgrounds, and those with a disability. If you are called for interview and have any accessibility requirements, please let us know.

To apply please send a CV, completed equality & diversity form, and a covering letter that outlines how you meet each of the candidate requirements, and the contact details for two referees that you would be happy for us to contact after interviews have taken place.

Email your application with the subject 'Vacancy' to [alex@opendoorcharity.com](mailto:alex@opendoorcharity.com)

This opportunity closes at 9am on 9<sup>th</sup> February.

We look forward to hearing from you!

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 <https://opendoorcharity.com>

